

1.5 hour Revised PSE Curriculum December 2012 1. 5 hours (45 minutes on two days)

Day One

Intro, Rules for Class, Schedule

- Hands for answers, questions and comments
- Eye contact for your attention

Pedestrian Safety

- Safety
- Pedestrian -person walking (including someone on crutches, walker, wheelchair, bike can turn into pedestrian)
- Who was a pedestrian today?

Parts of our body we use for crossing the street?

- Eyes, Ears, Feet, Head/Brain

Rhyme - line by line

Where is the best place to walk on the street?

- Sidewalk
- No Sidewalk

Driveways with cars - how do you know a car might be backing up?

- Person in car
- Lights
- Motor sound
- Exhaust
- Wheels moving

Safest place to cross the street?

- Crosswalk
- No Crosswalk > corner

Instructor Demonstrate crossing

- Listen for sounds
- Look left and right and all around
- Keep looking while crossing
- Hands out of pockets
- Head up

One student crossing - safe crossing, no running

One pair of students cross - agreement, words, talk to each other

Crossing with a vehicle on the street, vehicle waves pedestrians on

- Still look both ways
- Make eye contact with driver
- Keep an eye on the vehicle as you cross

Pedestrian Signals

- Red Hand
- Walking Person
- Still look both ways to make sure it is safe
- Flashing hand (with numbers) while crossing
- Flashing hand before starting to cross

One student crosses with the signal, does a good job, high five (then explain that the high five just erased that student's memory and now needs the class to help him/her decide how she needs to cross back - push the button, cross, light begins flashing with numbers, what should ped do? stop - no, keep going - yes).

Group crossing - six students, one student is asked to be an actor and turn around and talk to other students when the crossing begins and they stop the group crossing, what happened?

Why was that unsafe?

- Cross together
- Once begin keep moving
- Follow the adult
- Look forward
- Look around
- Be sure to get entire group across before stopping

Rhyme one more time, and remind the class that you will only take students out for a walk who can demonstrate that they can be safe pedestrians.

Day Two

Rules for walk

- Focus
- No running, safe places to run?
- Eye contact for attention
- Eye contact with drivers
- Check shoelaces

Review rhyme

Take class for a walk

Include the following if possible:

- Pair crossing at a crosswalk and/or corner
- Group crossing.
- Tall vehicle, student behind, could the driver see this student?
- Street with no sidewalk
- Driveway(s)
- Obstructed crossing example