



Conference 2016

Oct. 1, 2016 - Sessions

- Morning activity session w/ Cheryl Wardell
- Discover Your Groove, Enjoy to Move = Creating a Cardio Dance Craze!
- Make it, Take it, Teach it, LOVE it!
- Get F.I.T. with Dance = Fitness, Imagination, Transfer

All session presentation slides, handouts, videos, and resource materials are available on my professional development website created for teachers: bit.ly/dance4all. Materials are organized by convention or workshop - find yours under **Oregon SHAPE '16**. Please stay in touch and let me know how I can support you and your students!

If you'd like me to share the music used in our sessions please email me.

Thank you for taking a chance with dance!



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