Students in grades K-5 (and students in grade 6 at K-6 schools) must participate in 150 minutes of PE per week. Students in grades 6-8 must participate in 225 minutes of PE per week.

The time requirement will be prorated for school weeks with:

- Scheduled school closures (holidays, in-service days, and parent-teacher conferences)
- Unscheduled school closures (inclement weather and emergencies)
- Out-of-school activities that occur during usual school hours (field trips and outdoor school programs)
- Irregular class schedules (four-day school weeks)

IMPLEMENTATION TIMELINE

2019-2020
Elementary school required 120 min.

2020-2021
Elementary school required 150 min. (Full compliance)

2021-2022
Middle school required 180 min.

2022-2023
Middle school required 225 min. (Full compliance)

Flexible 45 Minutes
To meet the time requirement, schools may provide up to 45 minutes of activities each week which:

- Meet academic content standards for PE (as adopted by State Board of Education)
- Are provided by PK-8 multiple subject endorsed teachers
- Have been reviewed by a licensed PE specialist

To assist schools in this flexible 45 minutes, ODE will be making a list of approved activities for the schools that choose to use them. Schools may provide activities that have not explicitly been approved by ODE if the activities meet academic content standards for PE, are provided by PK-8 multiple subject endorsed teachers, and have been reviewed by a licensed PE specialist.

Penalty
After 2022-2023, schools which do not comply are at risk of losing funding.

Exception
Schools are not required to comply with the time requirement for school years during the biennium in which the total amount allocated to the State School Fund for districts is less than the amount that is determined to be needed under the prepared tentative budget.

Visit PEforAllKids.org to learn more about PE in Oregon.