



CONFERENCE PROGRAM

Making Connections
October 12 & 13, 2018



Keynote & Featured Speaker

KEYNOTE & FEATURED SPEAKERS

?YmbchY/ : YUhi fYX'GdYU_Yf. Judy LoBianco

K\ YfYUFYnci 'Zca 3 New Jersey

7i ffYbhiHYUW]b[``cVU]cb'UbX'Ugg][ba Ybh Livingston Public Schools

DUgh5k fXgž?i Xcg'cf'h]b[g'nci 'UFYdfci X'cZ'2018 EdWeek Leader to Learn From, 2017 SHAPE America Honor Award, 2016 North American Society Fellow, 2013 NASPE PE Administrator of the Year

7i ffYbhcif 'DUgh`YUXYfg\]d'Dcg]h]cbg\` YX. SHAPE America President 2018-19, Eastern District-AAHPERD President 2013, NJAHPERD President, 2008.

K\ UhiUFYnci 'dUgg]cbUH'UVci f8'Moral Courage, Advocacy, and Leadership

K\ UhiXc'nci \ cdY'fc'UWw'a d']g\]b'h Y'byI hmYUf3'Connecting with school level principles to enhance practice in health and physical education.

Gca Yh]b['i bi gi U'UVci hnci . I am a singer

Hk]hYf. @jlobianc

: YUhi fYX'GdYU_Yf. Matthew Pomeroy

K\ YfYUFYnci 'Zca 3 Merton, WI

7i ffYbhiHYUW]b[``cVU]cb'UbX'Ugg][ba Ybh I have been teaching physical education, health education, and specially designed physical education since 2004.

K\ UhiUFYnci 'dUgg]cbUH'UVci f8'I am a huge proponent of lifetime physical fitness and fitness related sport activities. I enjoy finding, creating, and implementing new activities into the curriculum every year. We must keep things fresh and exciting to keep our students motivated and engaged in physical education! Everything we do in health and physical education gets our students ready to be fit for life!

Hk]hYf. @Physed_Pomeroy

: YUhi fYX'GdYU_Yf. Sarah Gietschier-Hartman

K\ YfYUFYnci 'Zca 3 St. Louis, Missouri

7i ffYbhiHYUW]b[``cVU]cb'UbX'Ugg][ba Ybh I teach health and physical education at Clayton High School.

DUgh5k fXgž?i Xcg'cf'h]b[g'nci 'UFYdfci X'cZ'2018 SHAPE America National Middle School Teacher of the Year; 2018 SHAPE America Central District Middle School Teacher of the Year; 2017 MOAHPERD Middle School Teacher of the Year; local/state/national presenter; keynote speaker at the National PE & School Sport Institute and SHAPE VT.

7i ffYbhcif 'DUgh`YUXYfg\]d'Dcg]h]cbg\` YX. MOAHPERD Technology Chair

K\ UhiUFYnci 'dUgg]cbUH'UVci f8' Standards-based instruction, formative assessment, physical literacy, and world games.

K\ UhiXc'nci \ cdY'fc'UWw'a d']g\]b'h Y'byI hmYUf3'I am looking forward to rebuilding the high school health and physical education program in my district.

Gca Yh]b['i bi gi U'UVci hnci . I like to drink dill pickle juice.

Hk]hYf. @GHSaysRockChalk

: YUhi fYX'GdYU_Yf. Al Craven

K\ YfYUFYnci 'Zca 3'Stockbridge, MI

7i ffYbhiHYUW]b[``cVU]cb'UbX'Ugg][ba Ybh'Assistant Professor, Teacher Education, Adrian College

: YUhi fYX'GdYU_Yf. 'Mike Doyle
K\ YfY'UFY'nci 'Zca 3 Minneapolis, MN
7i ffYbhiHYUW]b[``cVU]cb'UbX'Ugg][ba Ybh 'Wayzata High School
DUgh5k UFxgž?i Xcg'cf'h]b[g'nci 'UFYdfci X'cZ 2014 SHAPE America Central District Adapted PE Teacher of the Year
7i ffYbhcif 'DUgh`YUXYfg\]d'Dcg]h]cbg\ YX. Currently MNSHAPE Past-President
K\ UhiUFY'nci 'dUgg]cbUH'UVci]B Unified Physical Education
K\ UhiXc'nci \ cdY'lc'UWV'a d'g\]b'h Y'byI hinyUF3 Increase the enrollment of Club US
Gca Yh]b['i bi gi U'UVci hinci . 'Play adult hockey 2 nights a week year round
Hk]hYf. '@mikedoylempls

: YUhi fYX'GdYU_Yf. Seth Martin
K\ YfY'UFY'nci 'Zca 3 South Lake Tahoe, CA
7i ffYbhiHYUW]b[``cVU]cb'UbX'Ugg][ba Ybh 'Sierra House Elementary
DUgh5k UFxgž?i Xcg'cf'h]b[g'nci 'UFYdfci X'cZ '2010 California Governor's Council, and TOY 2018 CAHPERD Elementary PE TOY
7i ffYbhcif 'DUgh`YUXYfg\]d'Dcg]h]cbg\ YX. 'Past Vice President of PE CAHPERD and President Elect CAHPERD
K\ UhiUFY'nci 'dUgg]cbUH'UVci]B Helping students find their enjoyment in movement, connecting with kids in a positive way, advocating for Physical Education for all of our children.
What do you hope to accomplish in the next year? Further myself professionally by utilizing my professional learning network. To move further along the TOY process.
Gca Yh]b['i bi gi U'UVci hinci : I am a big Star Wars nerd.
Hk]hYf. @smartintahoe

: YUhi fYX'GdYU_Yf. 'Su Nottingham
K\ YfY'UFY'nci 'Zca 3 Stockbridge, MI
7i ffYbhiHYUW]b[``cVU]cb'UbX'Ugg][ba Ybh Faculty – Central Michigan University
DUgh5k UFxgž?i Xcg'cf'h]b[g'nci 'UFYdfci X'cZ 'AAHPERD Mid-West Health Teacher of the Year, Waterford Schools Teacher of the Year
7i ffYbhcif 'DUgh`YUXYfg\]d'Dcg]h]cbg\ YX. 'Michigan MAHPERD Health Rep, President
K\ UhiUFY'nci 'dUgg]cbUH'UVci]B Life.
K\ UhiXc'nci \ cdY'lc'UWV'a d'g\]b'h Y'byI hinyUF3 Collaboration with PE/Health to create an exemplary dual program.
Gca Yh]b['i bi gi U'UVci hinci . '44 years as an educator & pretty sure I've "still got it!"
Hk]hYf. @NottinghamSu

Conference At-A-Glance

	Gym 1 Active	Gym 2 Active	Brunner Colt Neemann (Small Gym) Active	The Nest Active	Summers B106 Classroom	Summers B110 Classroom	Media Center Classroom
Friday, October 12							
4:30 PM - 5:00 PM	OPENING ADDRESS & FEATURED PRESENTER PANEL/MEET & GREET						
5:00 PM - 5:50 PM	FEATURED PRESENTERS GREATEST HITS						
6:00 PM - 7:10 PM	TEAM COOPERATIVE ACTIVITY (The Great PE Challenge/CHOPPED/The "GAME" Show)						
Saturday, October 13							
6:00 AM - 6:45 AM	MORNING ACTIVITY AT CYCLEBAR BEND We have partnered with CycleBar Bend to bring a "Dance Party on a Bike" cycle class to you! Sign up coming soon!						
8:30 AM - 9:00 AM	REGISTRATION OPENS						
9:00 AM - 9:45 AM	OPENING ADDRESS & KEYNOTE Moral Courage: UnLeash Your Inner Champion! - Judy LoBianco						
BLOCK 1: 10:00 AM - 10:50 AM		Net Games Drills & Progressions Glenn Young	Parkour 101: A Beginners Guide to the Sport Steve Johnson	Unified PE Greatest Hits Mike Doyle	Break it Down: Helping Students improve Body Image Paula Koeller, MD, Juleeanna Andreoni RD, and Cayla Panitz, LPC	The #PhysEd Playbook Sarah Gietschier-Hartman	If This is Love...Why Am I so Miserable Su Nottingham and Al Craven
BLOCK 2: 11:00 AM - 11:50 AM	Tactical Approach to Invasion Games Matt Pomeroy	FMS Assessment: Simplified Glenn Young	Walk and Roll to School - Healthy happy kids! Brian Potwin & Lindsay Huber	Teaching Skill-Based Units In Elementary PE Mike Doyle & Lisa Rahkola		Physical Education: What Administrators Need To Know Judy LoBianco	Health: Hooks, Meaning-Makers, and Teaching with GRIT! Su Nottingham and Al Craven
11:50 AM - 12:20 PM	EXHIBITOR SHOWCASE/ENGAGEMENT ACTIVITY						
12:20 PM - 1:00 PM	LUNCH						
1:00 PM - 1:30 PM	GENERAL SESSION						
BLOCK 3: 1:40 PM - 2:30 PM	Brännboll: A Striking and Fielding Game for Everyone! Sarah Gietschier-Hartman	Taking Invasion from alright to Amazing! Seth Martin	PE for ALL: Strategies to Create an Inclusive Environment Naomi Hartl		Climb On! How to Bring Rock Climbing to Your School Jillian Scherb	Oregon Active Schools Evaluation Update Peter Tromba & Shadiin Garcia, Shoreline Consulting	Skills-based Student Centered Health Education Using GAPE Matt Pomeroy
BLOCK 4: 2:40 PM - 3:30 PM	Around the World with Net/Wall Games Sarah Gietschier-Hartman and Seth Martin	Teach Ultimate Frisbee! Sara Stratton, Emily Witt	Rhythmic Movement: Moving to the Beat! Naomi Hartl	Construction of a Sport Education Season Matt Pomeroy	Bicycling across the Physical Education Curriculum Jeff McNamee	Creating an Inclusive Unified PE Course: Ideas, Resources, & Experiences Mike Doyle	Developing Health Strategies: Teaching with the Brain in Mind Su Nottingham and Al Craven
3:45 PM - 4:45 PM	CLOSING ADDRESS/RAFFLE						
5:30 PM - 7:00 PM	CONFERENCE SOCIAL AT GOODLIFE BREWING Come mingle with conference attendees and enjoy a few appetizers and drinks on us!						

Thank You to Our Sponsors & Exhibitors!

CONFERENCE SPONSOR: PLATINUM



We would like to thank Oregon Active Schools, who is brought to us by the Northwest Health Foundation, Kaiser Permanente, and Nike, for their Main Sponsorship of the conference. They have provided us with a very generous donation that is helping our planning team make this the best conference yet! Oregon Active Schools supports programs that inspire a lifelong love of physical activity and its many benefits for every child in Oregon through opportunities to be active before, during and after school. To learn more about Oregon Active Schools, please [click here](#).

CONFERENCE SPONSOR: GOLD



We would like to thank Sportime featuring SPARK, a division of School Specialty, for their Gold Level Sponsorship of the conference. They are providing conference bags, lanyards, and some of the equipment for presenters that will be raffled off at the end of the conference! Make sure to stop by their booth and check out their sessions; "PE for ALL: Strategies to Create an Inclusive Environment" on Saturday at 1:30 PM, and "Rhythmic Movement: Moving To The Beat!" on Saturday at 2:40 PM. To learn more about Sportime featuring SPARK, [click here](#).

CONFERENCE SPONSOR: SILVER



We are super excited to announce that Caboose Kombucha is our Silver Level Sponsor! Make sure to say hello to them on Saturday morning and thank them as they hand out some delicious kombucha samples! To learn more about this Bend based company, [click here](#).

CONFERENCE SPONSOR: BRONZE



We would like to thank USA Ultimate for being a Bronze Level Sponsor of the conference. Make sure to stop by their booth and check out their session, "Teach Ultimate Frisbee" on Saturday at 2:40 PM. To learn more about their organization, [click here](#).

CONFERENCE EXHIBITORS

We are excited to have the following organizations attending the conference as exhibitors. Make sure to stop by their booths to learn more about how they can support you!

- US Games
- Cairn Guidance/Dove Self Esteem Project
- Everlast Climbing
- ETR
- USAPA
- The Children's Health Market
- Student Lap Counter
- Commute Options

FRIDAY, 12 OCTOBER 2018

© WJCB. Úæææ!^•çã^Á&@[]
5 XXfYgg. 3030 NW Elwood Ln, Bend, OR 97703

4:00 PM	REGISTRATION OPENS
4:30 - 5:00 PM	OPENING ADDRESS & FEATURED SPEAKER PANEL/MEET & GREET
Gym 1	Opening Address Featured Speaker Panel/Meet & Greet - Join us to hear from each featured speaker as they share a little about themselves and some fun facts to help you get to know them more! Questions for the panel? Let us know and we will ask them!
5:00 - 5:50 PM	FEATURED SPEAKER "GREATEST HITS"
Gym 1 Active	In this session you will get rapid fire tips and tricks from your featured speakers! They will share their "greatest hits" that cover favorite strategies, tech tips, activities, go-to resources, etc!
6:00 - 7:10 PM	"CHOPPED" THE GREAT PE CHALLENGE
Gym 1 Active	You do not want to miss this final event of the evening! Join a team, cooperate on a task, and compete against the clock! What is in it for you? Well, other than Í a U]b['WbbYWjcbgi with some awesome people, you could win some equipment donated by Sportime featuring SPARK!

SATURDAY, 13 OCTOBER 2018

655 SW Powerhouse Dr. Suite 150
Bend, OR 97702
(541) 797-0490

6:00 AM - 6:45 AM

MORNING ACTIVITY: CYCLEBAR

655 SW Powerhouse Dr. Suite 150
Bend, OR 97702
(541) 797-0490

We are partnering with [Cyclebar Bend](https://bend.cyclebar.com/) to put on a morning cycle class for conference attendees! They turned up the volume on the indoor cycling experience! Get ready for a mind-blowing, heart-pumping party on a bike. Limited spots are available, so sign up now!

- Visit their website at <https://bend.cyclebar.com/>.
- Click **G][b'I d'Bck** on the bottom right hand corner.
- Create an account.
- Go to the **6cc_5 7`Ugg**, scroll to October 13 and choose the Oregon SHAPE ride.
- You will need to purchase a Drop-In class and enter the promo code SHAPE to reduce the ride price to \$10!

Please show up at least 15 minutes prior to the ride so the CycleBar team can help you get settled in!

8:30 AM

REGISTRATION OPENS

8:30 AM - 3:30 PM

EXHIBIT HALL OPENS

9:00 - 9:45 AM

GENERAL SESSION: WELCOME & KEYNOTE

Gym 1
Active

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At a time when our field is literally a matter of life and death for the children that we serve, we must step up as champions on their behalf. Join the SHAPE America President to learn about how moral courage can be a game-changer for the profession!

[Judy LoBianco](#)

10:00 - 10:50 AM

BLOCK SESSION 1

Net Games Drills & Progressions Glenn Young	Parkour 101: A Beginners Guide to the Sport Steve Johnson	Unified PE Greatest Hits Mike Doyle	Break it Down: Helping Students improve Body Image Paula Koeller, MD, Juleeanna Andreoni RD, and Cayla Panitz, LPC	The #PhysEd Playbook Sarah Gietschier-Hartman	If This is Love...Why Am I so Miserable Su Nottingham and Al Craven
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Gym 2
Active

BYhi; Ua Yg`8 f]`g/ `Dfc[fYgg]cbg`

This active session will provide participants with a series of high activity drills and progressions for popular net games like badminton, pickleball, and volleyball. Come and find out what Royals of the Court, Ball Machine, Around the World, and 12 Racquet drill are all about.

[Glenn Young](#)

Brunner Colt Neemann (Small Gym)
Active

DUF_ci f`\$%`5`6 Y[]bbYfg; i]XYlc`h YGdcfh

This session will be a journey through the most basic terminology and movements of Parkour, to the more advanced. As educators, we teach a wide variety of learners in our classes, therefore this session will allow all those in attendance to find success and motivation to continue their journey of physical literacy both inside their classrooms and outside in nature!

[Steve Johnson](#)

The Nest
Active

I bJZYX'D9 ; fYUHygh<]rg

Unified PE is a physical education environment which provides a unique opportunity for students with and without disabilities to come together through ongoing educational and physical activities. This session highlights activities and adaptations that are made for students with disabilities in the areas of outdoor pursuits, individual-performance activities, team sports, net/wall games, target games, and dance.

[Mike Doyle](#)

Summers B106
Classroom

6fYU_]h8 ck b. <Yd]b['Gh XYbtg]a dfcj Y'6 cXm-a U] Y'

The focus of our session is to use our multi-disciplinary expertise to demonstrate ways to encourage healthy, sustainable relationships to food and to body image in middle and high school students. Our presentation will explain how health is determined by behaviors, not by weight or size. We will discuss ways to encourage a healthy relationship to exercise, promote positive body image and reduce body shame. We will include a variety of didactic and experimental methods throughout the presentation. Finally we will explore ways to teach and communicate without weight bias.

[Paula Koeller, MD, Juleanna Andreoni RD, & Cayla Panitz, LPC](#)

Summers B110
Classroom

H Y_ D\ ng9X'D'UmVcc_''

At this session, participants will work collaboratively to start creating The #PhysEd Playbook, a go-to guide filled with highly effective instructional strategies that have a positive impact on student learning. The instructional strategies within the playbook will be organized around the themes of Purpose, Rituals & Routines, Differentiation, Formative Assessment, and Questioning. You will be able to use The #PhysEd Playbook as a starting point to create your own instructional guide for your classes.

[Sarah Gietschier-Hartman](#)

Media Center
Classroom

=ZH]g]g' @:j YÁ K \ m5 a '=gc 'A]gYfUV'Y3'

One third of adolescents have been involved in an abusive or controlling relationship by the time they leave high school. This workshop will combine usable, student centered, interactive teaching strategies for recognizing unhealthy and building healthy relationships while allowing movement, discussion, and real life “meaning makers” in a non-sexist package.

[Su Nottingham & Al Craven](#)

11:00 AM - 11:50 AM BLOCK SESSION 2

<p>Tactical Approach to Invasion Games Matt Pomeroy</p>	<p>FMS Assessment: Simplified Glenn Young</p>	<p>Walk and Roll to School - Healthy happy kids! Brian Potwin & Lindsay Huber</p>	<p>Teaching Skill-Based Units In Elementary PE Mike Doyle & Lisa Rahkola</p>	<p>Physical Education: What Administrators Need To Know Judy LoBianco</p>	<p>Health: Hooks, Meaning-Makers, and Teaching with GRIT! Su Nottingham and Al Craven</p>
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Gym 1
Active

HUW]WU'5 ddfcUM 'tc' ðj Ug]cb'; Ua Yg'

Looking for a way to keep physical activity and learning at the forefront of your class? The TGfU/ tactical approach can do that. Come check out this session to learn the main concepts of teaching games for understanding. You will learn about proper lesson structure that incrementally increases in complexity. You will learn how to use grade level outcomes to be the driving force behind the lessons and activities. You can also participate in all the activities to get a feel and a better understanding of the TGfU approach.

[Matt Pomeroy](#)

Gym 2
Active

: A G'5 ggYgga Ybh 'Gja d'JZYX'

To assist students in reaching the aims of the PE curriculum, assessment should be a continuous, collaborative and comprehensive process. An ongoing logistical challenge for teachers has been efficiently assessing FMS, which form the basic building blocks to developing physical literacy. A simple structure will be provided to enable teachers to focus on student learning rather than evaluating and reporting. Come dressed for moderate activity.

[Glenn Young](#)

Brunner Colt Neemann
(Small Gym)
Active

K U_ 'UbX'Fc''hc'GW cc`E'<YUH m<Uddm?JXg`

Walking and rolling to school is a fun way to live a healthy active lifestyle. Learn about bike and pedestrian safety education for your classroom/school and get engaged with the Oregon Safe Routes to School (SRTS) program. This session is anchored in everyday life experiences covering P.E., Health and after school-based lesson plans. Active discussion about lessons, and easy plans for how you can use these lessons in your own program. Come connect with teachers and the Oregon SRTS Network to create fun, convenient and safe opportunities for students to walk and roll to and from school.

[Brian Potwin & Lindsay Huber](#)

The Nest
Active

HYUW]b['G_]`!6 UgYX'I b]rg`b'9`Ya YbHfmiD9'

Minnesota recently revised the state Physical Education standards and benchmarks. A large problem in physical education is teaching team sports in elementary school, while the emphasis should focus on fundamental skill development and small sided games. Come learn how to implement quality activities through teaching skills while allowing for creativity, choice, ownership, and inclusion.

[Mike Doyle & Lisa Rahkola](#)

Summers B110
Classroom

D\ ng]WU'9Xi WU]cb.'K\ Uh5 Xa]b]g]fUrcfg'BYX'Hc'?'bck..'`

This session will discuss the void that exists between the principal's office and the physical education classroom and ways to educate, advocate and empower teachers and administrators to improve instructional practice on behalf of every child.

[Judy LoBianco](#)

Media Center
Classroom

<YUH .'<cc_gzAYub]b[!AU_YfgzUbX'HYUW]b['k]H `; F#H''`

Gain a classes attention, focus learning, make meaningful connections and foster student-centered culture through a wealth of quick to implement strategies for health education. Find or renew your Teacher GRIT (Get Revved In Teaching) to meet those challenges, and increase that joy!

[Su Nottingham & Al Craven](#)

11:50 AM - 12:20 PM EXHIBIT HALL & ENGAGEMENT ACTIVITY

Take this time to say hello to our conference sponsors and vendors and learn how they can support you in making a difference in the lives of our students.

Want to be entered into a raffle to win some AMAZING prizes? Here is how it works... find the BINGO card in your conference bag, complete all the tasks, "make connections", enter the raffle, win prizes. It is that simple! I promise!

12:20 - 1:00 PM LUNCH



We want to thank Oregon Active Schools (who is brought to us by Kaiser Permanente, Northwest Health Foundation, and Nike) for sponsoring lunch!

1:00 - 1:30 PM GENERAL SESSION

Gym 1	Board Nominations & Member Vote Awards Oregon SHAPE Updates
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1:40 - 2:30 PM BLOCK SESSION 3

Brännboll: A Striking and Fielding Game for Everyone! Sarah Gietschier-Hartman	Taking Invasion from alright to Amazing! Seth Martin	PE for ALL: Strategies to Create an Inclusive Environment Naomi Hartl		Climb On! How to Bring Rock Climbing to Your School Jillian Scherb	Oregon Active Schools Evaluation Update Peter Tromba & Shadiin Garcia, Shoreline Consulting	Skills-based Student Centered Health Education Using GAFE Matt Pomeroy
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Gym 1
Active

6 f} bbVc`. '5 'Gff]_jb['UbX':]YX]b['; Ua Y'Zf'9j YfncbY''
 Come learn how to play Brännboll, a fun and fast-paced striking and fielding game from Sweden! Sarah will provide tips and tricks to teach Brännboll, including a number of variations that allow the game to be played by students of all abilities. Your students will improve their confidence, communication, and cooperation, and have so much fun!
[Sarah Gietschier-Hartman](#)

Gym 2
Active

HU_]b['÷bj Ug]cb'Zca '5'f][\ hlc'5a Uh]b[°°
 Learn how to build comprehensive understanding of invasion games with your students from 3rd grade to High School. Learn how to layer games while building a full understanding of the tactical problems found in Invasion type games.
[Seth Martin](#)

Brunner Colt Neemann (Small Gym)
Active

D9'Zf'5 @@'GfUH[]Yg'hc'7fYUH'Ub'÷Wi gjj Y'9bj]fcb a Ybh'
 Would you like to learn how to create lessons that benefit ALL students? Join this session to learn how to create an inclusive environment with general and activity specific adaptations for skills, equipment and lead-up games, and how to actively engage all students in a general physical education setting. You will leave this session with a set of strategies that you can implement tomorrow
[Naomi Hartl](#)

Summers B106
Classroom



7`]a V'Cb`<ck 'hc'6f]b['FcW'7`]a V]b['hc'Mci f'GW cc`
 Learn about the many benefits of rock climbing, including how climbing can improve physical fitness levels while also developing cognitive and social-emotional skills. Discover the many different wall options available and the step-by-step process of securing a climbing wall. Safety and risk management protocols and fun climbing wall activities are also discussed. Participants will leave inspired and equipped with resources that will inform and support a planning process for acquiring a climbing wall.
[Jillian Scherb](#)

Summers B110
Classroom



CfY[cb'5W]j Y'GW cc`g'9j Ui Uh]cb'I dXUH'
 National longitudinal research shows correlation between a child's behaviors and experiences and their adult health and likelihood to be a physically active. Oregon Active Schools interim outcomes (Access/Engagement/Partnership) directly affect many of these behaviors and experience. Come hear what we've learned and help us think where we should go next.
[Peter Tromba & Shadiin Garcia](#)

Let's look at creating skills based health lessons built around the National Health Education Standards while using Google Apps for Education. This session will help you experience different google tools that can be used in your class to make it more student centered and more empowering for everyone!

Let's look at creating skills based health lessons built around the National Health Education Standards while using Google Apps for Education. This session will help you experience different google tools that can be used in your class to make it more student centered and more empowering for everyone!

[Matt Pomeroy](#)

2:40 - 3:30 PM

BLOCK SESSION 4

<p>Around the World with Net/Wall Games Sarah Gietschier-Hartman and Seth Martin</p>	<p>Teach Ultimate Frisbee! Sara Stratton, Emily Witt</p>	<p>Rhythmic Movement: Moving to the Beat! Naomi Hartl</p>	<p>Construction of a Sport Education Season Matt Pomeroy</p>	<p>Bicycling across the Physical Education Curriculum Jeff McNamee</p>	<p>Creating an Inclusive Unified PE Course: Ideas, Resources, & Experiences Mike Doyle</p>	<p>Developing Health Strategies: Teaching with the Brain in Mind Su Nottingham and Al Craven</p>
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Gym 1
Active

Around the World with Net/Wall Games

Let Sarah and Seth guide you through a memorable tour of New Orleans, Poland, Brazil, and Indonesia, where you'll learn how to teach four net/wall games with step by step progressions (layers), primary and secondary rules, modifications, and a variety of tactical problems!

[Sarah Gietschier-Hartman & Seth Martin](#)

Gym 2
Active



Teach Ultimate Frisbee!

Ultimate Frisbee is a unique sport that challenges players at all levels. This growing and widespread sport has official rules, leagues and competitions nationally and internationally. Ultimate is a great sport for schools who are interested in trying something new and different with minimal costs. The equipment needed to play is few and relatively inexpensive. In addition, ultimate builds character and develops acceptance of responsibility for one's own behavior. Through its concept of 'Spirit of the Game', where players make their own calls, participation develops character, self-reliance, listening and negotiating skills and leadership qualities.

[Sara Stratton & Emily Witt](#)

Brunner Colt Neemann (Small Gym)
Active

Rhythmic Movement: Moving to the Beat!

Rhythmic Movement is a powerful and joyful content area for developing creative expression, motor skills, problem solving, and self-empowerment. Most physical activities have an inherent rhythm and therefore being able to move rhythmically is an important skill to learn. Attendees will learn the what, how and why of incorporating rhythmic movement into their physical education classes, see examples of cross-curricular units with PE, and take home new routines for dance, cardio drumming, and other rhythmic activities.

[Naomi Hartl](#)

The Nest
Active

Construction of a Sport Education Season

Sport Education can be one of the most rewarding models that a physical educator can use. Watch your students become leaders, empowered in their learning, and deeply engaged in each lesson, during a sport education season. Join this session to participate in and learn about the critical components of creating a successful sport education season for your physical education classes.

[Matt Pomeroy](#)

Summers B106
Classroom

Bicycling across the Physical Education Curriculum

In this hands on session we'll continue the discussion about how to integrate bicycling into the K-12 physical education and design an elementary-based strider bike unit!

[Jeff McNamee](#)

Summers B110
Classroom

7 fYU]b['Ub' bWi gj] YI b]ZfYX'D9 '7 ci fgY. 'XYUgZFYgci fWgZ/ '9I dYf]YbWg.

As inclusion in school grows, so does the need for high quality resources and strategies to support educators. Special Olympics North America has worked with education leaders to create a Unified Physical Education Resource Guide. Unified PE is a unique opportunity for students of all ability levels and backgrounds to come together through meaningful fitness, sports, leadership and wellness activities.

[Mike Doyle](#)

Media Center
Classroom

8 Y] Ycd]b['<YUH 'GfUH[]Yg. 'HYUW]b['k]h 'h Y6 fU]b]b' A]bX'

What is known about brain development can help make learning more meaningful and teaching more effective. Participants will learn 5 things that need to happen for learning to occur, and experience strategies in health that address adolescent brain development to make those connections.

[Su Nottingham & Al Craven](#)

3:45 - 4:45 PM

GENERAL SESSION: CLOSING

Gym 1

Closing Address
Evaluation
Raffle Draw

5:30 - 7:30 PM

SOCIAL



Join us at [GoodLife Brewing](#) to help us wind down the conference. Take this opportunity to network and “make connections” one last time. We want to thank Oregon Active Schools (who is brought to us by Kaiser Permanente, Northwest Health Foundation, and Nike) for sponsoring this social!

@WU]cb. GoodLife Brewing
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